

# How Drug Addiction Overtakes Maslow's Hierarchy of Needs

PUBLISHED BY:  
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PUBLISHED ON:  
March 11, 2022

PUBLISHED IN:  
Uncategorized

Drug addiction can overtake a person's life in a matter of weeks. It can destroy relationships and families and even lead to death. However, many people don't know that drug addiction can also overtake a person's hierarchy of needs. In this blog post, we will discuss how drug addiction can take over Maslow's hierarchy of needs and what you can do to help someone who is struggling with addiction.

## A Brief Overview Of Maslow's Hierarchy Of Needs

First, let's take a brief overview of Maslow's hierarchy of needs. This five-level pyramid outlines the basic needs that humans need to survive and thrive. The first level is physiological needs, such as food, water, and air. The second level is safety needs, such as shelter and security. The third level is social needs, such as friendships and love. The fourth level is esteem needs, such as self-esteem and confidence. Lastly, the fifth level is self-actualization needs, like purpose and achievement in life.

Maslow's hierarchy of needs has been used for a long time to help people understand why they do the things they do. It can also be used to help people understand drug addiction.

## How Drugs Affect A Person's Needs Hierarchy

When a person is addicted to drugs, their addiction will take over their hierarchy of needs. This means that drugs will become more important than water, food, shelter, and even love. Drugs will become the most important thing in their life.

How does this happen? When a person is addicted to drugs, they need those drugs to feel good. If they don't have that drug, then they will start feeling bad – really bad. This feeling is known as withdrawal. Withdrawal can be so bad that a person will do anything to get that drug. They will even put their own lives in danger.

This is why drugs can overtake a person's hierarchy of needs. As a result, drugs become more important than anything else in their life, including basic needs like food and water.

## What Are The Consequences Of Such A Hierarchical Change?

The consequences of a person's hierarchy of needs changing can be devastating. First and foremost, the person's health will suffer. They may not eat or drink enough, they may not have a safe place to live, and they may not have any friends or family left. Their life could be in shambles.

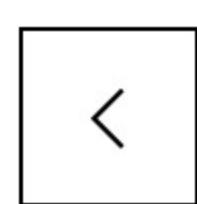
Secondly, their mental health will suffer. For example, a person who is addicted to drugs is more likely to get depressed and anxious, which can lead to suicidal thoughts or suicide attempts.

Lastly, their career could suffer. A person who is addicted to drugs may not be able to hold down a job because they are always sick or in withdrawal. As a result, their lives will spiral out of control, and they may become homeless.

## How Can An Addict Be Helped?

There are many ways that a person with an addiction can be helped. The most important thing is to get them into treatment. This could mean going to rehab, or it could mean attending therapy sessions.

Rehab is usually the best option because it provides professional care and support. It also takes the person away from their environment to focus on getting better. This can happen in the form of inpatient or outpatient rehab, depending on the particulars of each case.



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