

What Are The 5 Most Physically Addictive Drugs?

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Drug addiction is no joke — it can lead to some serious mental and physical health problems, and it can be one of the quickest ways to completely and utterly derail your life. With drug addiction, everything is questionable — you might lose your friends, your family and your employment in the space of a week. What people who are addicted to drugs really need is help, support and compassion, which is exactly what we offer here at the Grand Falls Addiction Treatment Center in Joplin, MO.

If you think you might be addicted to a drug physically, we can help. In this post, we are going to help you work out whether this might be happening for you by looking specifically at the five most physically addictive drugs there are. All of the following are best avoided — but if you already have a habit with them or you think you might be completely addicted already, get in touch as soon as possible.

Cocaine

Cocaine is one of the most popular illicit substances in the world, being used by many people across the globe in a wide variety of settings and circumstances. In popular culture, it is often seen as a party drug preferred by the rich and famous. But this glow of cultural glamor hides a darker truth: that cocaine is one of the most physically destructive and physically addictive substances known to humanity.

Because it produces an often intense rush of euphoria, cocaine is easily addictive. It is possible to regularly abuse cocaine in a binge pattern for years before seeking help — by which point, a lot of damage will be done. This will then lead to all those nasty side effects: mental fatigue, depression, mood swings, and severe cravings.

Heroin

If you ask the average person on the street to name an addictive drug, the first one they will probably come up with is heroin. There is no doubt that heroin is an extremely addictive substance, and it's one which is definitely best avoided. If you think you might have a problem with heroin, get in touch with the expert team at the Grand Falls Addiction Treatment Center as soon as possible.

Heroin is an opiate, and opiates are just about the most addicting substances on the face of the planet. Long-term heroin use leads to many severe health problems, and it can also cause immediate cardiac arrest, as it is easy to overdose on. Around a quarter of those who try it will become addicted — a very high number indeed.

Alcohol

Despite being legal, and being a very common culturally-accepted drug, alcohol has the potential to destroy lives, and it is also one of the most addictive drugs there are. You might not believe this if you are someone who is able to drink in moderation, but there are plenty of people out there who feel they have no control over their usage of this drug, and it should be considered a truly dangerous substance for that reason.

Alcohol addiction is something else that we can help with at Grand Falls Addiction Treatment Center, so get in touch if you think you might have a problem.

Nicotine

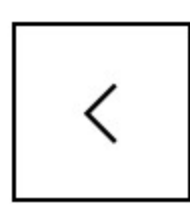
In terms of pure physical addiction, few substances get anywhere near nicotine, and this can be one of the most difficult habits to quit. Many people have successfully done so, however, and we are now looking at the lowest levels of smoking since the introduction of tobacco in our society. Nonetheless, for those who remain addicted, there is a good chance they will face health issues such as cancer and lung-related illnesses, so it is a drug that is best avoided.

Despite being strongly physically addictive, it is possible to quit. Get in touch if you would like to find out more about how you can do this.

Methamphetamines

Otherwise known as meth, this is one of the most damaging drugs currently coursing through our society — and also one of the most addictive. The intense high produced by meth is very much desired again and again by the human brain, and tolerance to the drug can be developed extremely quickly in most people. Further down the line, those addicted to meth can expect deep depression, suicidal ideation, and cravings that feel unbearable.

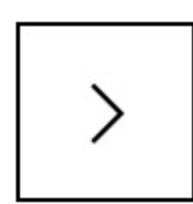
Despite how severe all of these addictions can be, there is always a way out, and recovery is possible. To find out how, and to get the help you need, don't hesitate to call Grand Falls Addiction Treatment Center.



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