

# I Am Scared That I Should Disown My Drug Addict Sibling?

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If you are the sibling of a drug addict, you may be feeling a range of intense emotions right now. You may feel scared, confused, and even guilty. One of the most difficult decisions that you can make is whether or not to disown your addicted sibling. This is a decision that should not be taken lightly, and it is vital to understand all of the implications involved before making a final decision. In this article, we will discuss the pros and cons of disowning an addicted sibling, and we will help you to make the best possible decision for your situation.

## The Pros of Disowning an Addicted Sibling

There are several reasons why you may want to consider disowning your addicted sibling. Some of the pros of doing this include:

- You will no longer have to worry about their safety or well-being.
- You will no longer have to deal with the stress of their addiction.
- They will be less likely to contact you for help or support.
- You can focus on rebuilding your own life without them in it.

These are all valid reasons to consider disowning an addicted sibling, and they may be especially appealing if you feel like you are constantly putting your own needs on hold to help them. If you are feeling overwhelmed and exhausted, it may be time to consider cutting ties with your addicted sibling.

## The Cons of Disowning an Addicted Sibling

There are also several cons to disowning an addicted sibling, including:

- You may feel guilty or regretful about your decision later on.
- They may become more desperate and isolated without you there to help them.
- They could potentially turn to crime to support their addiction.
- You may lose all contact with them, which can be very difficult emotionally.

These are all essential factors to consider before making a decision about disowning a drug addict sibling. However, it is important to remember that this is not a decision that should be made lightly, and you should always consult with a professional before making any final decisions.

## Making the Decision

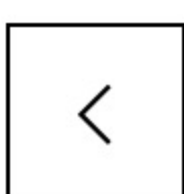
If you are struggling to decide whether or not to disown your addicted sibling, it may be helpful to speak with a therapist or counselor. They can help you to explore all of your options and make the best decision for your unique situation. Remember, there is no right or wrong answer here, and ultimately the decision must be yours. Whatever you decide, make sure that it is something that you are comfortable with and that you feel confident about. Only you know what is best for you and your family.

If you have an addicted sibling, the chances are good that you have been through a lot in recent years. As a result, you may be feeling scared, confused, and alone. The decision of whether or not to disown them is a difficult one, but it is essential to weigh all of the pros and cons before making a final decision. Remember that you are not alone in this, and there are people who can help you through this difficult time. Don't hesitate to reach out for support if you need it.

If you have any questions about disowning an addicted sibling, please don't hesitate to contact us at Grand Falls Addiction Treatment Center – Joplin, MO 64804. We are here to help you in whatever way we can.

Drug Addiction

Family



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