

# What Is The Most Impactful Factor In Drug Addiction?

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Addiction comes in all shapes and sizes and can affect people in many different ways. Lots of people suffer from addiction in different ways and it can have a destructive impact on their lives in general. It is important to take steps to try to combat and deal with addiction as soon as possible, to meet it head-on, and to fight against it. Indeed, rehab centers such as **Grand Falls** can be fundamental in helping in the fight against addiction.

But, something else that can be equally as important is understating the most impactful factors in drug addiction. Trying to determine what can cause addiction, as well as the different factors that play a role in this. It becomes much easier to help treat drug addiction when you have a clearer idea of what can contribute to it, so, here are some of the things that impact drug addiction above anything else.

## Genetics

Genetics is one of the biggest factors that can play a role in drug addiction, and this is something that you need to be aware of. According to the National Institute on Drug Abuse, more than 50% of a person's risk of drug and alcohol addiction is based solely on genetics. This means that your genetics have a strong impact on whether or not you are likely to become an addict. What's more, if one of your parents has battled addiction, you are also at higher risk of becoming an addict yourself. 40%-60% risk of addiction is believed to come from your genetics.

## Trauma

Trauma and abuse victims will often also turn to substance abuse, often as a form of dealing with mental and physical anguish. A lot of those suffering trauma and abuse are looking for an escape, and this is something that they tend to find in drugs and alcohol. Stress is another factor that links to this, and can be prevalent in young and old people; those who experience stress are more likely to turn to drug and alcohol abuse.

## Personality

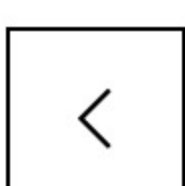
Personality traits can actually have more of an impact on your propensity for addiction than you might have thought. Indeed, studies have shown that people with Narcissistic Personality Disorder (NPD) are actually at much higher risk of developing an addiction than those without. And it is believed that close to 40% of people with NPD have at least one substance addiction.

## Preventing Addiction

Preventing addiction is one of the key steps to take on your journey toward sobriety, and this means finding an **addiction treatment center** that you can visit to help you get clean and sober. It is important to choose a facility that can **treat different substance addictions**, and provides a safe environment for people to flourish. A center like Grand Falls is the ideal environment due to the **treatment programs** they offer.

Understanding the factors that contribute to drug addiction is a crucial part of the process of being able to combat and fight this addiction. There are so many ideas that will help you to be proactive about this and find the perfect rehab center to deal with your addiction effectively.

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