

Outpatient Rehab Services and Treatment in Missouri

by Grand Falls Recovery Center | May 2, 2023 | Addiction



Accepting that you have a problem with addiction is the first step toward recovery. The next is to find a suitable addiction recovery facility to guide you on your journey to recovery. Most rehab facilities offer a variety of addiction treatment programs mainly divided into residential and [outpatient treatment](#).

Residential treatment programs require patients to spend time at the rehab facility while outpatient programs allow them to go back home after receiving treatment for the day. Both of these have their pros and cons and are suitable for different levels of addiction. In most cases, outpatient treatment programs are designed to be a step down from the intense level of residential treatment.



Outpatient Rehab and Treatment in Missouri

As the [premier rehab facility in Missouri](#), we at Grand Falls Center for Recovery offer affordable, compassionate, and high-quality [drug and alcohol addiction treatment](#) programs. We take pride in providing an evidence-based, client-focused approach to help [our clients](#) rebuild their lives free from addiction.

Our Missouri outpatient rehab and treatment program is run by qualified and experienced staff who have expertly guided others to sobriety and are ready to do the same for you. You'll interact with our therapists through one-on-one therapy sessions where you'll delve into what led to your addiction and work together to find workable solutions you can apply to your life. You'll also attend group therapy sessions where you'll share, interact and learn from others with the same addiction and challenges as yourself.

Once you've completed outpatient treatment, we'll enroll you in our aftercare program. This way, you'll still receive support as you transition back to living in the real world and navigate the difficulties of learning how to live a sober life. We can also link you to sober living communities and community support groups that can provide additional support for your recovery.

Some of the reasons why you should choose [Grand Falls Recovery](#) include:

High-Quality Services

We give our clients individualized treatment based on their recovery goals because we understand that there's no magic, one-size-fits-all solution to addiction. Personalized treatment plans are a great way of ensuring that you meet your treatment goals while preventing a potential relapse.

Different Levels of Care and Services

We use a combination of [medically assisted detox and psychotherapy](#) to help our patients get their lives back together. Going through detox under medical supervision makes the process a lot safer and more comfortable.

Highly Trained Staff Available 24/7

Our staff has the requisite training, qualifications, and experience needed to work in a rehab facility. You can rest assured that your treatment and recovery are in safe hands.

A Proven Track Record

We have helped plenty of people beat addiction and we have a track record of excellent service and satisfied clients. We strive to provide quality care in a safe and serene environment to ensure our clients have the best recovery outcomes.

If you are looking for outpatient rehab services and treatment in Missouri, give [Grand Falls Center for Recovery a call today](#).



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